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NEWSLETTER

THE LATEST FROM DR. YOO REGARDING DERMATOLOGY AND SKIN CARE.



TREATING SUN DAMAGE

Spending time outdoors without protection from the sun's harmful ultraviolet (UV) rays can lead to premature aging, also known as **photoaging.**



Changes include:
- Wrinkles
- Age spots
- Loose skin
- Spider veins
- Blotchy or ruddy complexion

While the damage is irreversible, here are some treatments to reduce the signs of sun damage:

Wrinkles:
- Moisturizer
- Prescription topical retinoids
- Injectable fillers and Botox
- Chemical peel
- Microdermabrasion
- Laser resurfacing



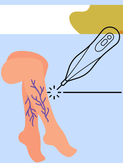
Age Spots:
- Prescription topical retinoids
- Intense-pulsed light treatment
- Laser resurfacing
- Microdermabrasion
- Chemical peel
- Cryosurgery



Loose skin:
- Prescription topical retinoids
- Fillers
- Ultrasound
- Non-invasive radiofrequency
- Growth factors and peptides you apply to your skin
- Laser treatments



Spider veins:
- Intense-pulsed light
- Laser treatments

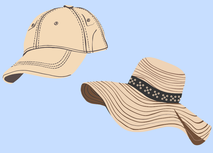


Blotchy or ruddy complexion:
- Prescription topical retinoids
- Microdermabrasion
- Intense-pulsed light
- Laser treatments



Although treatment can reduce the signs of sun damage, sun protection is essential. It can help prevent and slow signs of photoaging.





Sun protection includes applying a broad-spectrum, water-resistant sunscreen with an SPF of 30 or higher, seeking shading, and wearing sun-protective clothing.

FOLLOW US ON INSTAGRAM FOR MORE DERMATOLOGY TIPS!

