

EMAIL US



MAKE AN APPOINTMENT

MARCH 2026

NEWSLETTER

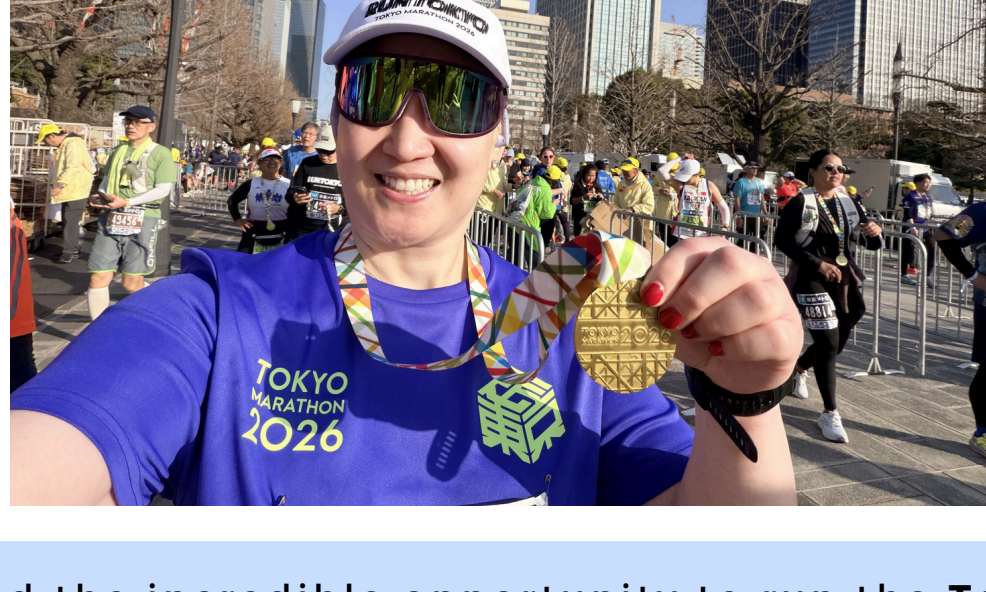
THE LATEST FROM DR. YOO REGARDING
DERMATOLOGY AND SKIN CARE

WOMEN'S HISTORY MONTH



March is **Women's History Month**, a time to recognize and celebrate the contributions of women across all fields, including dermatology. Pioneers like **Daisy Orleman Robinson**, the first female American dermatologist, helped lay the foundation for greater representation in medicine. Today, women continue to play a vital role in advancing patient care, research, and innovation, shaping the future of dermatology in meaningful ways.

TOKYO MARATHON 2026



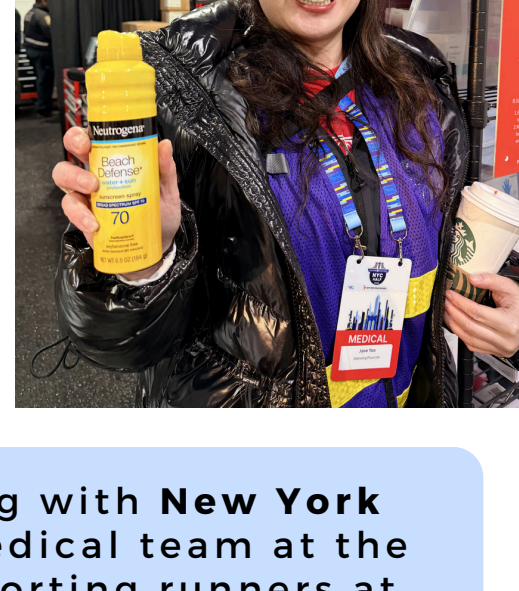
I had the incredible opportunity to run the **Tokyo Marathon** this year, crossing the finish line after an unforgettable race through the city. From the energy of the crowds to the seamless organization, it was a truly special experience and a reminder of the strength and community that make running so meaningful. I also had the chance to kick off race weekend with a shakeout run around the Imperial Palace with **Team Abbott**, which made the experience even more memorable.

LECTURING AT SHISEIDO'S GLOBAL INNOVATION CENTER



While in Tokyo, I had the opportunity to lecture at **Shiseido's Global Innovation Center** on **hyperpigmentation, AI, and the future of skincare innovation**, sharing a dermatology perspective on how emerging technologies are shaping more personalized and precise care. I was also able to explore **Shiseido Beauty Park**, including the **Shiseido Art & Heritage Passage**, gaining insight into both the scientific advancements and the rich history behind one of the industry's most influential companies.

MEDICAL VOLUNTEER AT NYC HALF MARATHON



I had a great time volunteering with **New York Road Runners** as part of the medical team at the **2026 NYC Half Marathon**. Supporting runners at the finish line, we cared for both elite and recreational athletes, treating a range of race day concerns from blisters and muscle cramps to more acute symptoms. It was inspiring to see the city come alive and to witness runners of all backgrounds cross the finish line.

DR. YOO FEATURED IN:

VOGUE & ALLURE

VOGUE

Why Korean Skin-Care Is Just as Effective for Mature Skin

HYDRATION, HANDLED
7 Best Korean Moisturizers for Dry Skin That Deliver Lasting Hydration**allure**

This month, I was featured in **Vogue** and **Allure** discussing Korean skincare and approaches to dry, aging skin. In **Vogue**, I shared insights on how Korean skincare philosophies support long-term skin health and aging gracefully through barrier-focused care and consistency. In **Allure**, I contributed to a roundup of Korean moisturizers for dry skin, highlighting the importance of hydration, barrier repair, and ingredient-driven formulation.

Read below!

EXCITING OPPORTUNITY!

CLINICAL TRIALS

We are currently conducting **three clinical studies** at our office and are looking for eligible participants:

1. For patients currently taking a **GLP-1 medication** who are interested in trying a new topical cosmetic product.
2. For patients interested in injectable filler treatment to improve **mid-cheek facial volume** and contour.
3. For patients with **hyperpigmentation** who are interested in trying a new topical treatment.

If you are interested in participating or learning more, please reach out to us at:

clinicaltrials@janeyoomd.com

NEW TECHNOLOGY SPOTLIGHT

EVERESSE BY CLASSYS

**Looking for a way to lift and firm your skin without surgery or downtime?**

EVERESSE is a non-invasive radiofrequency treatment that helps **tighten loose skin, smooth fine lines, and improve overall tone and texture**. It's great for areas like the jawline, eyes, and abdomen, places where skin tends to sag or lose elasticity over time!

As collagen rebuilds in the weeks that follow, your skin looks firmer, fresher, and more lifted.

Ready to see the difference?

Reach out to us at appts@janeyoomd.com to schedule your consultation and discover how EVERESSE can help you achieve your skin-tightening goals.

OFFICE REMINDERS

Dear Patients,

Please keep in mind these policies regarding office operations:

- 1) Please email us at appts@janeyoomd.com for appointment requests.
- 2) We are going digital! Please utilize the patient portal in order to streamline communications.

DISCOUNT CODES

**SOLBARI**

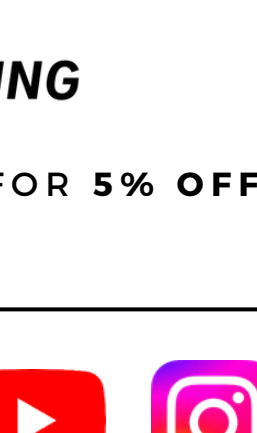
15% off with JANEYOOMD15

**Coolibar®**

20% off with YOO202025



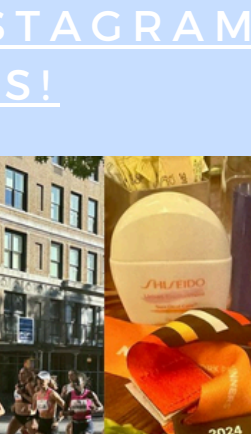
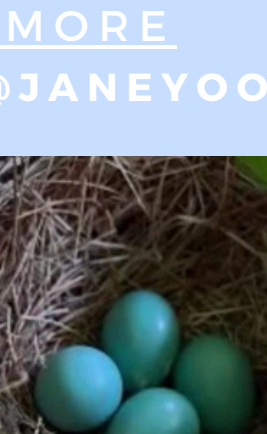
20% off with JANEYOOMD



20% off with MED20

OLIVE YOUNGUSE CODE **JANEYOOMD25** FOR **5% OFF** AT CHECKOUT!

FOLLOW US ON:

**YOUTUBE****INSTAGRAM:
JANEYOOMD****INSTAGRAM:
BEAUTYTECH
DERM**

FOLLOW US ON INSTAGRAM FOR MORE DERMATOLOGY TIPS!

@JANEYOOMD

