

JULY 2026

NEWSLETTER

THE LATEST FROM DR. YOO REGARDING
DERMATOLOGY AND SKIN CARE

UV SAFETY MONTH



July is UV Safety Awareness Month, a reminder that protecting your skin from ultraviolet (UV) radiation is one of the most effective ways to reduce the risk of skin cancer and premature skin aging. UV damage is cumulative, often occurring silently over time before becoming visible as wrinkles, dark spots, sagging, or skin cancer.

Daily sun protection is essential. Wearing a broad-spectrum sunscreen with **SPF 30 or higher**, reapplying every **two hours** during outdoor activities, and **seeking shade** during peak UV hours can significantly reduce long-term damage. Consistent sun-safe habits are one of the simplest and most impactful investments you can make in your skin's health.

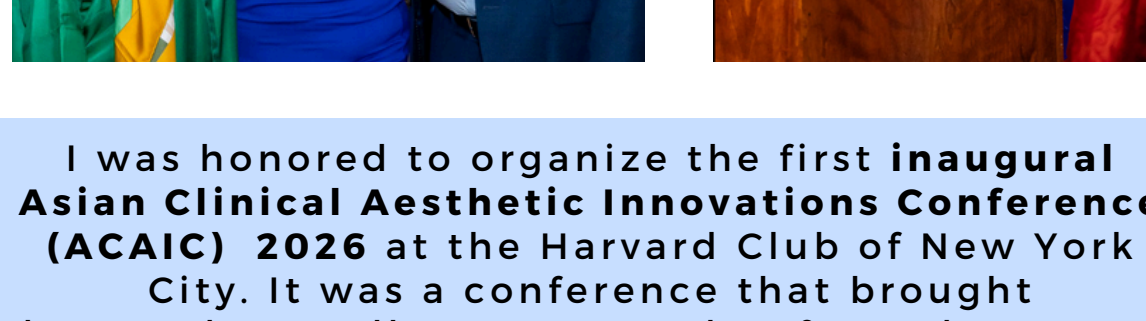
DR. YOO'S NEW SUNSCREEN FINDER APP FOR PATIENTS!



GOING ABROAD? NOT SURE WHICH SUNSCREEN TO PURCHASE? LIVE IN THE US AND WANT TO FIND A SUNSCREEN FROM FRANCE OR KOREA?

BASED ON HER INTERNATIONAL TRAVELS, **DR. YOO DEVELOPED THE SUNSCREEN INDEX** THAT MAKES IT EASY TO SEARCH AND COMPARE SUNSCREENS FROM AROUND THE WORLD BASED ON UV FILTERS, INGREDIENTS, AND INDIVIDUAL PREFERENCES.

THE ASIAN CLINICAL AESTHETIC INNOVATIONS CONFERENCE (ACAIC) 2026



I was honored to organize the first **inaugural Asian Clinical Aesthetic Innovations Conference (ACAIC) 2026** at the Harvard Club of New York City. It was a conference that brought dermatology colleagues together from the US and Asia for an all-day academic summit.

IMCAS ASIA 2026

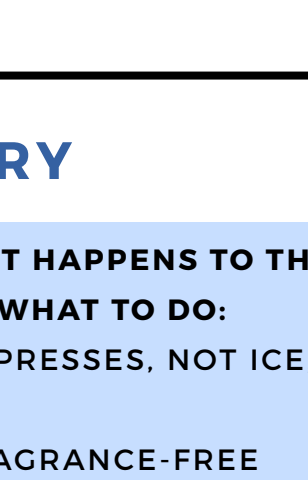


ON JUNE 19, I PRESENTED "EXOSOMES 2026: HYPE CYCLE OVER-NOW WHAT?" AND "KBEAUTY MYTHS AND EVIDENCE: A DERMATOLOGIST'S CRITICAL REVIEW" AT IMCAS ASIA 2026, ONE OF THE WORLD'S LEADING CONGRESSES IN DERMATOLOGY AND AESTHETIC MEDICINE.

BITE PREVENTION

TIPS ON HOW TO PREVENT BUG BITES, ESPECIALLY IN THE SUMMER!

- APPLY EPA-REGISTERED REPELLENT (20-30% DEET, PICARIDIN, OR IR3535) TO EXPOSED SKIN
- TREAT CLOTHING/GEAR WITH PERMETHRIN
- **SUNSCREEN FIRST, REPELLENT SECOND**, ALWAYS IN THAT ORDER!
- WEAR LIGHT, LONG-SLEEVED CLOTHING IN WOODED/GRASSY AREAS AND TUCK PANTS INTO SOCKS
- AVOID PEAK MOSQUITO HOURS (DAWN/DUSK) WHEN POSSIBLE
- DO A **FULL-BODY TICK CHECK AFTER** OUTDOOR TIME INCLUDING SCALP, EARS, UNDERARMS, WAISTBAND, BEHIND KNEES



SUNBURN RECOVERY

WE ALL GET SUNBURNED! IT HAPPENS TO THE BEST OF US! HERE'S WHAT TO DO:

- COOL SHOWERS OR COMPRESSES, NOT ICE, TO DRAW OUT HEAT
- **ALOE VERA GEL** OR A FRAGRANCE-FREE **MOISTURIZER** ON DAMP SKIN (E.G., PLAIN ALOE VERA 100% GEL OR MOISTURIZING CREAM)
- SKIP PETROLEUM-BASED PRODUCTS UNTIL THE BURN CALMS DOWN
- OTC **IBUPROFEN** EARLY TO CUT PAIN AND INFLAMMATION
- **HYDRATE!** BURNS PULL FLUID TO THE SKIN'S SURFACE
- **DON'T PICK AT PEELING SKIN**
- STAY COVERED/SHADED UNTIL FULLY HEALED
- IF YOU EXPERIENCE BLISTERING, FEVER, OR DEHYDRATION SIGNS → **SEE A PHYSICIAN!**



DR. YOO'S PRESS FEATURES:

allure

8 BEST PDRN Serums to Give Skin a Healthy Glow
Traditionally derived from salmon DNA, the Korean ingredient is garnering major buzz.

the dermatologist

NEWS
FDA Approves Bemotrizinol: What Dermatologists Need to Know
Jane Y. Yoo, MD
Riya Gandhi, MA

This month, I was featured in **Allure** to discuss how **PDRN** supports skin repair and rejuvenation and shared my recommendations for standout PDRN serums. I was also featured in **The Dermatologist** to discuss the **FDA approval of bemotrizinol**, highlighting the significance of this next-generation UV filter and what its approval means for the future of sun protection in the United States.

Read below!

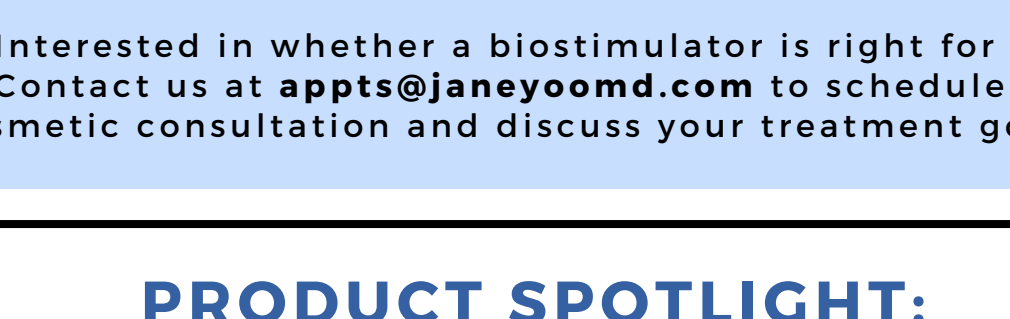
EXCITING OPPORTUNITY! CLINICAL TRIALS

We are currently conducting **two clinical studies** at our office and are looking for eligible participants:

1. For patients currently taking a **GLP-1 medication** who are interested in trying a new topical cosmetic product.
2. For patients interested in injectable filler treatment to improve **mid-cheek facial volume** and contour.

If you are interested in participating or learning more, please reach out to us at: **clinicaltrials@janeyoomd.com**

TECHNOLOGY SPOTLIGHT: BIOSTIMULATORS



Biostimulators are injectable treatments that work by stimulating your body's **natural collagen production** rather than simply adding volume. After treatment, the particles activate fibroblasts, which gradually produce new collagen to improve **skin firmness, elasticity, and overall quality**.

Dr. Yoo incorporates evidence-based regenerative aesthetic techniques to achieve subtle, **natural-looking rejuvenation**. As collagen remodels over the following months, results develop gradually while helping restore the skin's underlying structure.

✨ Interested in whether a biostimulator is right for you? Contact us at **appts@janeyoomd.com** to schedule a cosmetic consultation and discuss your treatment goals.

PRODUCT SPOTLIGHT: HYLENEX

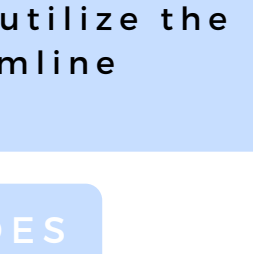
Hylenex is an injectable form of hyaluronic acid that can safely **dissolve hyaluronic acid fillers**. Dr. Yoo performs ultrasound-guided filler dissolution in the office.

✨ Considering dissolution of unwanted filler or refining your results? Reach out to us at **appts@janeyoomd.com** to schedule your Hylenex consultation and discuss the best treatment plan for your goals.



INTERESTED IN K-BEAUTY?

✉️ STAY AHEAD OF THE TREND. SCAN HERE TO SUBSCRIBE TO OUR FREE K-BEAUTY NEWSLETTER FOR THE LATEST IN BEAUTY.



OFFICE REMINDERS

Dear Patients,

Please keep in mind these policies regarding office operations:

- 1) Please email us at **appts@janeyoomd.com** for appointment requests.
- 2) We are going digital! Please utilize the patient portal in order to streamline communications.

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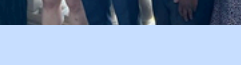
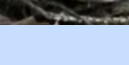
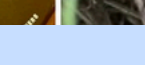


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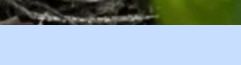
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