

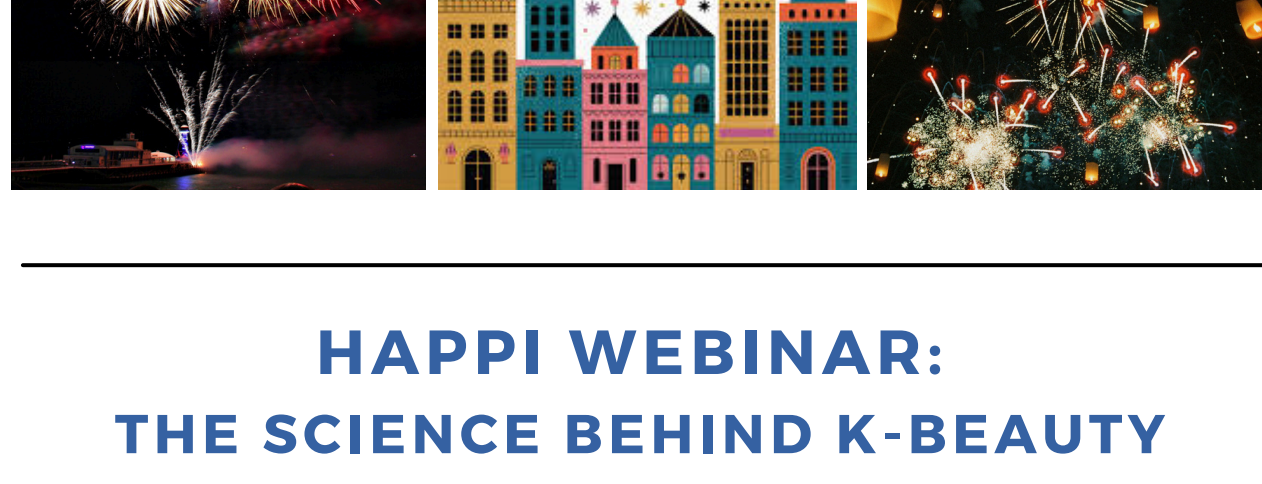
JANUARY 2026

NEWSLETTER

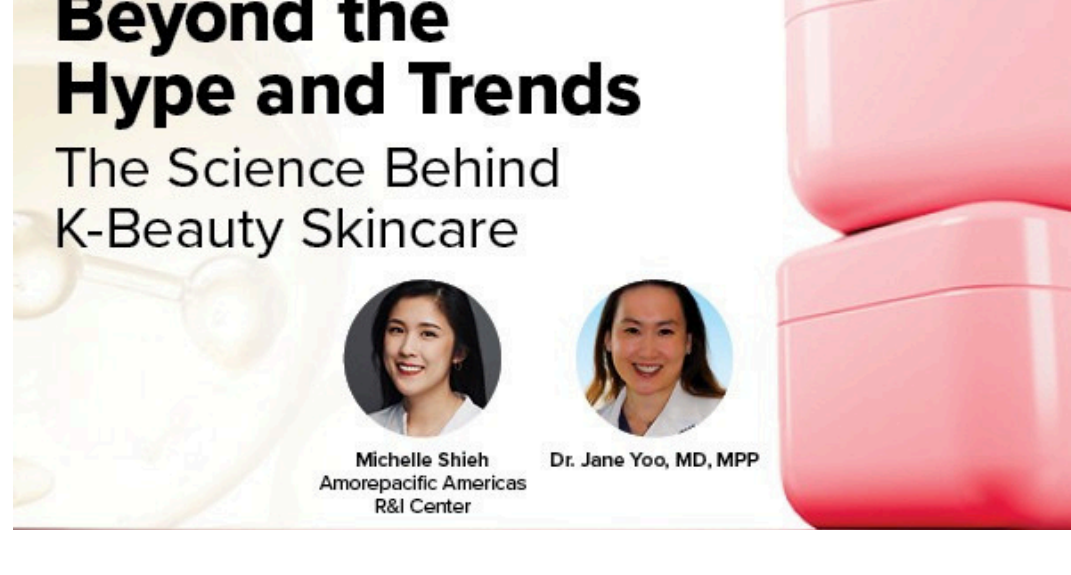
THE LATEST FROM DR. YOO REGARDING
DERMATOLOGY AND SKIN CARE

HAPPY NEW YEAR NEW YEAR, NEW YOU!

We wish you and your family a happy and healthy New Year! Here's to brighter days and fresh beginnings as we step into 2026 together.



HAPPI WEBINAR: THE SCIENCE BEHIND K-BEAUTY SKINCARE



This month, I joined **HAPPI** for a webinar, **Beyond the Hype and Trends: The Science Behind K-Beauty Skincare**, examining what truly defines K-Beauty beyond marketing trends. From a dermatology perspective, the discussion focused on skin health, formulation science, and clinical relevance, alongside insights from **Michelle Shieh of Amorepacific Americas R&I Center**. Grateful to HAPPI for creating space for thoughtful, science driven conversations on where K-Beauty is headed next.

Click the button below to view the full discussion.

WEBMD FEATURE: ATOPIC DERMATITIS IN SKIN OF COLOR



I was featured on **WebMD** following a live taping in my office focused on **atopic dermatitis (eczema)**. It was an exciting opportunity to share dermatologist guided education in an accessible, patient centered way, with an emphasis on caring for eczema across diverse skin tones and communities.

The feature is now available to watch. Click the button below to view the full WebMD video.

DR. YOO FEATURED IN: NEWSWEEK AND VOGUE



This month, I was featured in **Newsweek** and **Vogue** discussing skin aging and global skincare routines. In Newsweek, I shared insights on a lesser known sign of aging beyond the face and how dermatology approaches prevention and correction. In Vogue, I contributed to a beginner's guide to the Japanese skincare routine, highlighting how thoughtful layering, skin health, and consistency shape long term results.

Read below!

EXCITING OPPORTUNITY! CLINICAL TRIALS

We are currently conducting **two clinical studies** at our office and are looking for eligible participants:

1. For patients currently taking a **GLP-1 medication** who are interested in trying a new topical cosmetic product.
2. For patients interested in injectable treatment to improve **mid-cheek facial volume** and contour.

If you are interested in participating or learning more, please reach out to us at: **clinicaltrials@janeyoomd.com**

TECHNOLOGY SPOTLIGHT CO2 LASER FOR SKIN RESURFACING



☀️ **Looking to improve skin texture, fine lines, acne scars, or sun damage?**

CO2 laser resurfacing is a powerful treatment designed to **rejuvenate the skin** by stimulating collagen and improving overall skin quality.

CO2 laser uses controlled, fractional laser energy to create microscopic treatment zones in the skin, triggering the body's natural healing response. This process helps **smooth acne scars, soften wrinkles, improve tone and texture, and reduce signs of photoaging**.

While CO2 laser involves more downtime than non-ablative treatments, it offers significant and long-lasting results for patients seeking meaningful skin renewal. With proper planning and aftercare, many patients see noticeable improvement after a single treatment.

✨ Ready to see the difference? Reach out to us at **appts@janeyoomd.com** to schedule your consultation and learn how CO2 laser treatment can help you achieve smoother, firmer, more refined skin this winter.

OFFICE REMINDERS

Dear Patients,

Please keep in mind these policies regarding office operations:

- 1) Please email us at **appts@janeyoomd.com** for appointment requests.
- 2) We are going digital! Please utilize the patient portal in order to streamline communications.

DISCOUNT CODES



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